

It's good to have friends



Maryann Cogdill, director of OB/GYN services at the Center for Women at Mount St. Mary's Hospital – named the Nurse of Distinction for Western New York in January – visited the Rotary Club of Lewiston and Niagara-on-the-Lake on March 9. After informing the club of the evolution of services for newborns and mothers in the greater Niagara Falls area, she received a contribution to help improve those services.

Rotary stated, "There has been a longstanding partnership between the nurses and alumnae of the maternity/nursery staff and the Rotary Club to raise funds for and/or purchase needed equipment to optimize the well-being of women and infants in the community. It is good to have friends and partners."

Pictured, from left, are Cogdill and Rotary Club President Leslie Scibilia. (Submitted)

Niagara County façade grant program for businesses

Applications now available; information session on April 5

The Niagara County Center for Economic Development announced the launch of the new Niagara County Façade Program (NCFP). The NCFP will provide matching grants up to \$50,000 for eligible businesses in order to rejuvenate their properties to help bring vibrancy to the central business districts in communities across the county. The county has allocated \$3 million for the program through the federal American Rescue Plan Act (ARPA).

"In each community across the county, there is a central business district, with mainly small, local businesses, that serves as the commercial hub for that municipality," said Niagara County Legislator Rich Andres, chairman of the Niagara County Economic Development Committee and architect of the NCFP. "This program is targeted to these commercial hubs for two reasons. First, these were often the small businesses that were hit particularly hard by the pandemic,

that had to close when 'big box' retailers stayed open, and had to use any resources available to them just to stay afloat. This left them with little money for capital upgrades.

"Second, many of the commercial properties in these business districts hold tremendous potential to attract more consumers looking for a unique shopping experience, but need some capital investment to refresh the look and feel of the area. That's where we hope the NCFP can step in."

Andres said the NCFP will provide dollar-for-dollar matching funds up to \$50,000 to for-profit businesses, property owners or lessees who were already operational prior to 2020. These grants must be used for permanent improvements to the business and/or façade, such as signage, siding, exterior paint, roofing, windows and doors, stairs and ramps, walkways, decking, awnings, exterior lighting. The project must be located within a well-defined business district,

and must be able to demonstrate support from a local elected official that the project will have a beneficial impact to, and is consistent with, community development plans for the business district.

"We are very excited about the NCFP and believe there will be tremendous interest in the project, so we intend to hold a virtual information session at 6 p.m. April 5 that will allow for those interested to learn more about the program and what we hope to accomplish," Andres said. "Plus, our Center for Economic Development team is always available to answer questions throughout this process."

Andres said the deadline for submitting an application is May 6. An overview of the program and applications can be found at <https://www.niagaracountybusiness.com/facade-program>. To register for the virtual seminar, visit <https://tinyurl.com/5n6n624b>.

IN THE NEWS

County agribusiness outreach forum

The Niagara County Center for Economic Development will host its third annual agribusiness outreach forum from 9 a.m. until 3 p.m. Friday, April 8. A hybrid format has been put in place to allow for either in-person or virtual attendance.

"The agribusiness outreach forum has been one of our most popular events, so we are excited to bring it back in 2022 with this hybrid approach that allows for in-person attendance at Cornell Cooperative Extension of Niagara County," said Michael Casale, Niagara County commissioner for economic development. "We will cover a lot of ground on some very important topics, with tremendous speakers. There is no cost to participate, but preregistration is required."

Casale said event topics will include meat production and regulation, agricultural labor laws, ag. conservation easements, ag. districts and assessments, natural resource conservation, and much more. Participants can register at <https://www.niagaracountybusiness.com/featured-events>.

There will be a number of tables set aside with information and resources available from a number of agencies, including the Niagara County Center for Economic Development, Cornell Cooperative Extension of Niagara County, NCCC Small Business Development Center, NY FarmNet, Niagara County Farm Bureau and Niagara USA Chamber.

"As a legislator who represents a rural district, I have the opportunity to regularly talk with farmers and those involved in agribusiness about the numerous challenges that face their industry, like increasing costs and government regulations, that further puts pressure on their operations," Niagara County Legislator Shawn Foti said. "We need to do all we can to support agriculture, as it is one of our leading market sectors, producing close to \$20 million in product sold. The agribusiness outreach forum is a great way to do that."

WNY EquiFest

WNY EquiFest, in partnership with the Western Chapter of the New York State Horse Council, will run an equine exposition and

equestrian gathering at the Erie County Fairgrounds in Hamburg on March 19-20. The event will welcome back horse enthusiasts, owners, trainers, clinicians, riders and vendors to celebrate the horse

industry in New York. More than 6,000 have attended this two-day, family-friendly event in the past.

WNY EquiFest will feature vendors with products and services focusing on the horse industry.

Clinics, seminars and demonstrations will be presented by trainers, coaches and industry professionals throughout the event.

A schedule of events is available at www.TheFairgrounds.com.

Watch for the Easter Coloring Contest here next week

HEY KIDS!



We're on the HUNT for Eggcellent Artists!

3 WINNERS IN EACH GROUP WILL WIN GREAT PRIZES!



Niagara Frontier Publications
Niagara County Tribune/Sentinel
wnypapers.com

Kids: 4-6 years, 7-9 years
& 10-12 years may participate

Real Help For Your Health

Presented by
Dr. Glenda R. Rose
Chiropractor



Bladder Troubles

Most chiropractors find that bedwetters and adults with some types of bladder troubles respond very well to chiropractic care. The reason for this is quite simple. We deal with removing interference to the nervous system which controls organ function.

Incontinence, urgency and bedwetting can occur when there is improper control of the nerves which control the flow of urine from the bladder. One of these is under voluntary control, which means you go when you want to. The other is on "automatic", in other words, there is no voluntary control and the bladder lets go.

In addition, restoring the proper alignment of the pelvis in women through chiropractic adjustment has also been found to improve the muscle tone of the pelvic floor, which helps the bladder hold its urine and stops the dribbling on coughing or sneezing.

There can also be diet and environmental toxins that can affect body function adversely. These can be in the form of food additives, too much sugar in the diet, perfumes and fragrances in cleaning and laundry products just to name a few.

Rose Chiropractic, P.C. is a natural health care practice focusing on health improvement through Nutrition Response TestingSM and chiropractic, located at 435 Ridge St., Lewiston. Call (716)754-9039 for a complementary consultation, to see if we can help you or your child.

The descriptions and explanations herein are meant for general public interest and education. They are not intended as an evaluation of specific individual symptoms, conditions, or treatment.

Fish Fry Listing

Lenten Fish/Seafood

The Great Foodini

2564 Academy Street
Ransomville
716-791-4400

Available Thurs.-Sat.
(While supplies last)
Fresh Beer Battered Haddock,
Panko Fried, Foodini Fried, Baked,
Cajun Baked, Greek Baked,
Lemon Pepper Baked
& Panko Baked



See more great places
to enjoy a Fish Fry
in today's paper

DICAMILLO BAKERY

All Stores Open 7 Days

NIAGARA FALLS
811 Linwood Avenue
Daily 7am-7pm • 282-2341

7927 Niagara Falls Blvd.
Daily 7am-7pm • 236-0111

LEWISTON
535 Center Street
Daily 8am-7pm • 754-2218

WILLIAMSVILLE
5329 Main Street
Daily 7am-7pm • 635-6504

ALL PRICES VALID UNTIL
MARCH 31, 2022

St. Josephs Breads

Large **\$1.00 Off**

Small **25¢ Off**

Coupons may not be combined with any other offer or discount. Expires March 31, 2022.

Hot Cross Buns

Lots of 6 **SAVE \$1.00**

Limit 4

Coupons may not be combined with any other offer or discount. Expires March 31, 2022.

Pies

\$1.50 off

Over 9 Varieties of Fruit and Creme Pies

Coupons may not be combined with any other offer or discount. Expires March 31, 2022.

Irish Breads

SAVE 50¢

Irish Soda

Sweet or Soda

Irish Sweet

Coupons may not be combined with any other offer or discount. Expires March 31, 2022.

Italian Bread

Regular Loaf - 50¢ Off

Double Loaf - 75¢ Off

Hand rolled, hand formed, split & slowly hearth baked

Coupons may not be combined with any other offer or discount. Expires March 31, 2022.

Donuts

\$1.50 off

A Dozen

Old fashioned, large donuts, made fresh daily

Coupons may not be combined with any other offer or discount. Expires March 31, 2022.